

## How to make a proper cup of tea

Tea comes in many flavors. Earl Grey and English Breakfast are two popular varieties. Afternoon tea is typically served with scones, pastry, or tea sandwiches.

Remember: When working in the kitchen, be sure to get help from a parent or adult.

### INSTRUCTIONS

Boil water in a teakettle\*

Spoon 1 tsp. tea leaves per person  
+ 1 additional tsp. tea leaves into a teapot\*\*

Pour boiling water into the teapot.

Let the tea leaves steep for 5 minutes.

Pour the tea into teacups through a strainer\*\*\*

Add sugar to taste. Enjoy!



### NOTES

\*A teakettle is used for boiling the water to make tea.

\*\*A teapot is used for steeping the leaves in hot water, after water has been boiled in a kettle.

\*\*\*Any desired milk should be added to teacups prior to pouring the hot tea into them.